## Guide for CEREC Assistants

# The perfect support during CEREC treatments

## "Preparation" tray

- Basic instruments (2x mirrors, probe, tweezers)
- 2x Aplitip
- Occlusion paper, red
- DryTips or cotton rolls
- Anesthesia
- Heidemann spatula
- Hemostatic agent (e.g. Expasyl) and tool for retraction, if needed (e.g. retraction thread)
- **Optional:** Retractor, matrix to protect neighboring teeth



### Room preparation

- Set up "Preparation" tray (see illustration on left)
- Prepare preparation set (drill, contra-angle, sonoabrasive instruments, if needed) and suction tool, large/small
- Turn on CEREC, open the program, open/set up patient file, also in the practice software

## Patient preparation

- Check treatment plan and cost estimate
- Seating/drape
- X-ray check, if needed
- Check static occlusion with red paper
- Scan the maxillary and mandibular quadrants/bite

#### Assisting with the preparation

## "Insertion" tray

- Basic instruments (2x mirrors, probe, tweezers)
- Ball plugger
- Scalpel Fig. 12 or scaler
- Dental floss
- Cotton rolls and DryTips or rubber dam and accessories
- Occlusion paper red and blue
- Foam pellets
- Shimstock
- Bonding system
- Finishing instruments and polisher
- **Optional:** Teflon tape to protect neighboring teeth, Optragate, hemostatic agents, phosphoric acid gel



# Grinding/resetting the room

- With CEREC Primemill the milling unit can be set-up while the dentist is working on the patient, which saves much time
- Prepare "Insertion" tray (see illustration on left)
- After grinding, remove the restoration from the grinder

#### Assisting with the insertion

## Clean/disinfect the room

- Remove instruments
- Save CEREC patient case
- Disinfect scanner and surfaces with wipes
  - Alpro: MinutenSpray Classic, MinutenWipes, PlastiSept, PlastiSept-Wipes
  - Merz: Pursept-A
  - Dürr: FD 312