

# Let your dentist see your smile every year.

- Once a year, you should have an oral exam, and your dentures should be checked for overall fit and for weak areas that may eventually crack or fracture.
- Dentures should not hurt. Call your dentist if your dentures cause soreness or irritation that persists, or if you notice a chip, crack or fracture.

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[dentsplysirona.com](https://dentsplysirona.com)



# Denture Cleaning and Care Guide

For a healthy mouth clean your dentures every day.



- 1 Always fill the sink with water, then clean your dentures over the sink.



- 2 Rinse your dentures thoroughly to remove loose food particles. Use cool or warm water.



- 3 Soak your dentures in common over the counter cleaning products.\* Refer to the denture cleanser's manufacturer Instructions for Use for complete information.
- 4 Brush your gums, tongue and palate with a soft-bristled regular toothbrush to remove plaque and stimulate circulation. Then reinsert your dentures.
- 5 To give your mouth a fresh feeling, rinse with mouthwash as needed.



\*Internal data on file. For more information, contact  
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