Spectra ST Effects' Universal Composite Restorative



Conditioning and/or bonding

After shade selection apply adhesive according to the respective manufacturer's directions for use.

Palatal (lingual) shell

Create a thin palatal (lingual) shell (approx. 1mm thick) using the selected universal shade to provide a guide for achieving accurate restoration shape.



Dentin Core Restoration

Use dentin shade to recreate dentin core, not fully extending to the proximal and incisal edges. Leave at least Imm of space on the vestibular (facial) surface for the universal shade.



Vestibular (facial) surface restoration

Complete restoration using the universal shade for the vestibular (facial) surface.



Incisal edge effect (Optional)

For a highly translucent incisal edge, use the universal shade to restore the vestibular (facial) area, leaving space on the incisal third for the enamel shade.

Note: Colors in illustrated technique guide correspond to Compules® Tips cap colors:

Universal CLOUD Shades (A1-A4) Dentin Shades (D1, D3) Enamel Shade (E1)



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Shaping and contouring

With finishing diamond or carbide burs.



Finishing and polishing

With Enhance[®] Finishers and Enhance[®] PoGo[®] Polishers.

Shade	mW/cm²) sec	mm
A1-A4	≥ 550	20	2
BW	≥ 800	10	2
D1 D7	≥ 550	40	2
DI, D3	≥ 800	30	2
E1	≥ 550	10	2
	A1-A4 BW D1, D3	A1-A4 ≥ 550 BW ≥ 800 D1, D3 ≥ 550 ≥ 800	A1-A4 ≥ 550 20 BW ≥ 800 10 D1, D3 ≥ 550 40

Curing Table

Throughout the procedure, light cure after each 2 mm increment is placed according to the curing table above. Dentsply DeTrey GmbH De-Trey-Str. 1 78467 Konstanz GERMANY www.dentsplysirona.com

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For more information visit www.dentsplysirona.com.

Note: Colors in shade chart above correspond to Compules® Tips cap colors.

¹ Depending on market location, Spectra ST Effects is available as either TPH Spectra[®] ST Effects, Ceram.x Spectra[™] ST Effects, or Neo Spectra[™] ST Effects. ² Not a registered trademark of Dentsply Sirona, Inc.