# THE MAXIMUM STRENGTH ADHESIVE CEMENT



Immediate and long-term maximum bond strengths; balanced system of strength and ease of use

## **Technique Guide**

# Calibra<sup>®</sup> Ceram Adhesive Resin Cement



#### Pre-treatment

Follow dental lab or restoration manufacturer's instructions for pre-treatment of the intaglio surface of the restoration, if required.

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## Light cure - 10 seconds

Special instruction for use with light transmissible crowns only: Light curing of applied Prime&Bond elect adhesive may be accomplished right after seating restoration with cement. See step 9.



**Note:** Phosphoric etching of available enamel recommended. Conditioning of dentin is optional.

## Apply adhesive to tooth

Apply generous amounts of Prime&Bond elect adhesive to thoroughly wet all the tooth surfaces. No need for Self Cure Activator when Prime&Bond elect adhesive is used with Calibra Ceram cement. Agitate the applied adhesive for 20 seconds.



# Apply Calibra Ceram cement

Dispense and discard a small amount of material from the dual-barreled syringe. Attach mixing tip. Apply a thin, uniform layer of cement to the entire intaglio surface of the restoration.



### **Air dry** Gently dry with clean air for 5

seconds.



## Seat restoration

Protect restoration from contamination and movement until the final set of the cement (5 minutes from start of mix or completion of light curing).

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# Clean up excess - optional dual cure

Briefly light cure cement at the margins by constantly moving the curing tip around the margins for no more than 5 seconds per surface (buccal/oral). Excess cement will reach a "gelled" state after this brief cure. Excess cement will remain in the "gelled" state for approximately 45 seconds following light exposure.

-OR-



## Clean up excess - self cure

Excess cement will reach the "gelled" state after approximately 1-2 minutes in the mouth, allowing easy removal. NOTE: Cement within the crown has not yet set. Do not move, torque, or disturb the crown during cleanup.

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Remove excess cement

Protect restoration from movement during the gel phase cleanup through the final set.

#### 9a



-OR-



# Light cure for light transmissible restorations

Once cleanup is complete, light cure all areas of the restoration for 20 seconds from each direction – buccal, lingual, and occlusal.

Self cure and dual cure for non-light transmissible restorations

For zirconia-based, metallic, thick or heavily opaqued ceramic or composite, once cleanup is completed and restoration is stabilized, allow Calibra Ceram cement to self cure without disturbing for 5 minutes from start of mix. Following all excess removal, exposed margins may be light cured 20-40 seconds to assist restoration stabilization.

## Finish & polish

Removal of resin flash is best accomplished with the Enhance® Finishing System and polish using Enhance® PoGo® Polishing System (see complete instructions for use).



# Tips on Material Pre-Treatment

Material	Pre-Treatment*
Composite	Sandblast (except for composite post surface)
Glass Ceramic/ High Strength Glass Ceramic	Etch with hydrofluoric acid, silanize with Calibra® Silane Coupling Agent
Zirconia/Metal	Sandblast (except for zirconia post surface)

\*Some manufacturers may require additional primers. Please consult instructions for use

## Additional Technique Tips

- For Feldspathic Porcelain, Leucite-reinforced Ceramic, Lithium Disilicate Ceramic, Zirconia-reinforced Lithium Silicate: Etch the bonding surfaces with hydrofluoric acid and use Calibra Silane Coupling Agent on intaglio.
- For Zirconia-based Ceramic: Sandblast, use zirconia primer, if directed. Follow the dental laboratory or restoration manufacturer's instructions for pre-treatment. If pre-treatment is needed, use manufacturer's recommended zirconia primer (if any) followed by Prime&Bond elect<sup>®</sup> Adhesive on the intaglio surface of the restoration.
- For light transmissible restorations, when used with Prime&Bond elect Adhesive, light curing of adhesive can be done after seating the crown.
- For excess cement cleanup, monowave output LED lights with a single peak output around 470nm are recommended. High power, dual or broad spectrum lights may cause premature hardening of excess cement. Check curing light effect on mixed cement in the laboratory prior to clinical use.